

Créac'h-Ménory < > Le Youdig

STAGE PROFILE : 16.0 km 4h00

DIRECTIONS :

00,0 – Créac'h Ménory– Head down towards the D769, cross it, and go right (toward Plessis) and turn left in the direction of the abbey of Relecq (signposted) on the D111. Cross two bridges and continue on the D111 for 2km to get to...

0h45 03.0 –... Abbey of Relecq. Leave the abbey through the two pillars. Cross the road and continue opposite. Turn right then, in the next hamlet, take a left (place called Le Clos) to go up the little tarmac road. After 200m, climb onto the embankment which borders the road and before the left hand bend, leave this road and enter a track facing you (signpost: Ballade de la pierre bleue blue stone walk) . Climb up the steps which lead on to a path through the moorland. Pass through two path intersections and keep going straight ahead. At the third, go left (waymarking is on stones on the ground) and, after 1.4km, join a minor road. There you head right for 800m as far as the remains of the broken cross of the Trois Évêques (three bishops), which is where three bishoprics adjoin: Léon, Trégor and Cornouaille,.

At the cross, go left, then after approx 450m, turn into a path which goes off to the right, then curves left, until you get to a little tarmac road below the hamlet of Trédudon-le-Moine (the first village of résistance in France) which is a little less than 700m onward. Take the road to the left for several metres, then the road branching right off it. Enter a path facing you, and take it for 1.2km till you meet a larger path which you take to the right. This leads, after 400m, to the hamlet of Trédudon l'Hôpital (called this because, in the Middle Ages, there was a hospital for pilgrims here run by the powerful Commanderie des Hospitaliers de Saint Jean de Jérusalem de La Feuillée (*Order of St John Of Jerusalem of La Feuillée*)). Go along the first path on the left till you meet a tarmac road after 250m. Turn left, and continue on this road and, after a little less than 1.8km head right at a large junction where two roads join together (goose-foot shape) (with barrier and little wooden sign "La ballade du bourg - town walk"), as far as the little road called Garenn Cut on your left which you take to enter the small market town of ...

3h00 12.0 –... La Feuillée. Go left towards the church and head up the main street "Hent Menez Arré" which becomes the rue de Kroaz Hir. After 800m, shortly after the sign indicating the outskirts of the town, take a path on your right which leads, after 100m, to the D764 (Take care: very busy!). Cross it and, nearly opposite on the left, go down a 'hollow' embankmented path as far as a tarmac road. Continue in the direction of Kerbran. Go through the hamlet and straight ahead to the track "Circuit du Noster" (signposted). Here you have two possibilities, both signposted:

- Either continue along the path, without going through Youdig , in which case you turn left (chemin de Noster) and walk until you meet the D36;
- Or go through Youdig : in this case, take the right and continue as far as a tarmac road upon which you take a left and continue for 1.2km approx, as far as

4h00 16.0 - ... Le Youdig, in the village of Kervéguenet.

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